# May 2025

| SUNDAY | Monday | Tuesday | Wednesday | Thursday | Friday | SATURDAY |
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| | | | | 1<br>10:00 St Paul's Strings, under the direction of Melissa Stevens, will perform in the circle.<br>10:30 One-Stop Shop Day to Kroger. Meet at the front desk by 10:15<br>10:30 Stretch and Balloon Bop with Heidi in the back Therapy Room.<br>2:00 Manicures in the Activity Room<br>3:45 TV Bowling in the Bistro | 2<br>PODIATRIST VISITS<br>10:30 Chair Exercise with Olivia & the Aussie back Therapy Room.<br>1:15 Come to the Bistro & choose from the top 10 horses racing tomorrow. Once you choose, color your jockey's shirt & be ready to cheer!<br>3:30 A Sing-A-Long Happy Hour in the Bistro complete with songs from yesteryear, jokes, Jerry's Trivia and and a Name That Tune game with prizes. Come join the fun. | 3<br>11:00 Euchre time in the Bistro gather at a table for some great cards<br>1:30 Left, Center, Right in the Bistro<br>2:30 Movie Time in the bar area. Popcorn and drinks for all.<br>6:30 Meet in the Bar to watch the 2025 Kentucky Derby and bring your colored horse with you! |
| 4<br>10:00 Streamed Catholic Service in Chapel<br>11:45 Ride to St Paul's for noon Mass<br>1:30 Bingo in the Bistro<br>3:00 Bridge 4-some in the Bistro | 5<br>9:30 Catholic Communion in the Chapel<br>10:30 Chair Exercise with Heidi in the back Therapy Room<br>1:15 Resident Council Meeting at the big table in the Independent Lounge<br>2:30 - Bible Study with Paul in the Chapel<br>3:30 Come celebrate Cinco de Maya and help break our Piñata. Fancy umbrella drinks! | 6<br>LIBRARY DAY<br>10:30 Stretch and Balloon Bop with Lanier in the back Therapy Room.<br>1:15 Game in the Circle with Lanier<br>2:30 Dodgeball in the Circle with Heidi and Lanier. This will be fun!<br>2:30 Food Committee Meeting in the Private Dining Room<br>3:45 TV Bowling in the Bistro | 7<br>10:30 Stretch and Balloon Bop with Lanier in the back Therapy Room.<br>11:30 Quick and wonderful Ted Talk in the Activity Room - Enlightenment before lunch!<br>12:15 Lunchtime concert featuring Prairie Run kindergarteners taught by Beth's daughter, Mendi. 3 songs, just for us!<br>1:15 Team Trivia with Lanier in the Circle<br>3:30 Mid Week Bingo in the Bistro | 8<br>10:30 One-Stop Shop Day to Meijer. Meet at the front desk by 10:15<br>10:30 Stretch and Balloon Bop with Heidi in the back Therapy Room.<br>2:00 Manicures in the Activity Room with Zusman Hospice along to help. Come meet Christine and get your nails done.<br>3:45 TV Bowling in the Bistro | 9<br>10:30 Chair Exercise with Heidi in the back Therapy Room<br>1:15 Manicure leftovers in the Activity Room<br>2:30 "Over the shoulder Uno" in Bistro<br>3:30 We welcome back Innervisions for a summertime Happy Hour concert in the Circle. | 10<br>11:00 Euchre time in the Bistro gather at a table for some great cards<br>1:30 "Left, Center, Right" in the Bistro<br>2:30 Movie Time in the bar area. Popcorn and drinks for all. |
| 11<br>HAPPY MOTHER'S DAY!<br>10:00 Streamed Catholic Service Chapel<br>11:45 Ride to St Paul's for noon Mass<br>2:30 Mother's Day Celebration in the Circle Westerville Symphony String Quartet. Concert begins at 2:30. Guests are Welcome.<br>3:00 Bridge 4-some in the Bistro | 12<br>9:30 Catholic Communion in the Chapel<br>10:30 Chair Exercise with Heidi in the back Therapy Room<br>1:15 Picture Puzzle Fun with Heidi - Circle<br>2:30 - Bible Study with Paul in the Chapel<br>3:30 Living Word Singer's sing in MC<br>4:00 Corn Toss game in the Bistro | 13<br>10:30 Stretch and Balloon Bop with Lanier in the back Therapy Room.<br>1:15 After lunch Birthday Party for our youngster Millie, who turns 102!<br>2:00 Jewelry Time with polymer clay and Lanier in the Independent Lounge.<br>3:45 TV Bowling in the Bistro | 14<br>10:30 Stretch & Balloon Bop with Lanier in the back Therapy Room.<br>1:15 Our first "Lunch Bunch" of the year! Our favorite diner from last year - Delaney's on Westerville Rd. Bus leaves at noon. SIGN UP!<br>2:00 Outdoor Boys Adventure - Activity Rm<br>3:30 Mid Week Bingo in the Bistro | 15<br>10:30 One-Stop Shop Day to Kroger. Meet at the front desk by 10:15<br>10:30 Stretch and Balloon Bop with Heidi in the back Therapy Room.<br>2:00 Manicures in the Activity Room - again with Lanier & Christine, from Zusman Hospice.<br>3:45 TV Bowling in the Bistro | 16<br>10:30 Chair Exercise with Olivia & the Aussie - back Therapy Room.<br>1:15 Manicure Leftovers<br>2:30 "Over the shoulder Uno" in Bistro<br>3:30 Lil' Red and her Rooster, Pascal will come entertain us with some "Blues" in the Circle for our Happy Hour. Don't miss one of Westerville's finest duo's. | 17<br>11:00 Euchre time in the Bistro gather at a table for some great cards<br>1:30 "Left, Center, Right" in the Bistro<br>2:30 Movie Time in the bar area. Popcorn and drinks for all.<br>Armed Forces Day |
| 18<br>10:00 Streamed Catholic Service in Chapel<br>11:45 Ride to St Paul's for noon Mass<br>1:30 Bingo in the Bistro<br>3:00 Bridge 4-some in the Bistro | 19<br>9:30 Catholic Communion in the Chapel<br>10:30 Chair Exercise with the Aussie back Therapy Room<br>2:30 - Bible Study with Paul in the Chapel<br>4:00 Corn Toss game in the Bistro<br>Victoria Day (Canada) | 20<br>10:30 Stretch and Balloon Bop with Lanier in the back Therapy Room.<br>1:00 Those with a green thumb needed for our green planters on the courtyard patio.<br>2:00 Flowers to trade with the little ones from St Paul's Preschool. Come & enjoy their visit with us! In our Circle.<br>3:45 TV Bowling in the Bistro | 21<br>10:30 Stretch & Balloon Bop with Lanier in the back Therapy Room.<br>1:15 Team Trivia with Lanier in the Circle<br>2:00 Color Me Calm in the Activity Room - Beautiful spa music and pictures from difficult to easy, to color with paint markers. Join in!<br>3:30 Mid Week Bingo in the Bistro | 22<br>10:30 One-Stop Shop Day to Meijer. Meet at the front desk by 10:15<br>10:30 Stretch and Balloon Bop with Heidi in the back Therapy Room.<br>1:15 Dodgeball in the Circle with Lanier and Heidi<br>2:00 Manicures in the Activity Room<br>2:30 Concert in MC with Doug Smith!<br>3:45 TV Bowling in the Bistro | 23<br>10:30 Chair Exercise with Heidi in the back Therapy Room<br>1:15 Manicure Leftovers<br>2:30 "Over the shoulder Uno" in Bistro<br>3:30 Two Cats Swing will perform on clarinet and guitar once again. Come hear these professors from Capital University and Ohio Wesleyan, for our Happy Hour. | 24<br>11:00 Euchre time in the Bistro gather at a table for some great cards<br>1:30 Left, Center Right in the Bistro<br>2:30 Movie Time in the bar area. Popcorn and drinks for all. |
| 25<br>10:00 Streamed Catholic Service in Chapel<br>11:45 Ride to St Paul's for noon Mass<br>1:30 Bingo in the Bistro<br>3:00 Bridge 4-some in the Bistro | 26<br>9:30 Catholic Communion in the Chapel<br>2:30 Bible Study with Paul in the Chapel<br>3:30 Living Word Singer's sing in MC<br>4:00 Corn Toss game in the Bistro:<br>Memorial Day | 27<br>10:30 Stretch and Balloon Bop with Lanier in the back Therapy Room.<br>1:15 Game in the Circle with Lanier<br>2:30 Our next "Traveloque Adventure" headed to the "gold coast" of Ghana, West Africa with Aisha as our host. Bring your passports to the Chapel for a tour of her hometown and a snack too!<br>3:45 TV Bowling in the Bistro | 28<br>AUDIOLOGIST VISITS<br>10:30 Stretch and Balloon Bop with Lanier in the back Therapy Room.<br>11:00 Meet at the desk and we will pick up our picnic lunches and head to Heritage Park for sunshine & fresh air. Sign up early!<br>2:00 Show and Tell. Bring something from your room with a story to follow. always fun.<br>3:30 Mid Week Bingo in the Bistro | 29<br>8:30 Men's Breakfast Club -Private Dining Father Dave from St Paul's will join you!<br>10:30 One-Stop Shop Day to Kroger. Meet at the front desk by 10:15<br>10:30 Stretch and Balloon Bop with Heidi in the back Therapy Room.<br>2:00 Manicures in the Activity Room<br>3:45 TV Bowling in the Bistro US! | 30<br>10:30 Chair Exercise with Olivia & the Aussie - back Therapy Room.<br>1:15 Manicure Leftovers<br>2:30 Over the shoulder "Uno" in Bistro with staff joining in<br>3:30 New to the Gables Happy Hour Circle, is the father & son team of Tom & Ian Carroll from Columbus Ohio. They can play about anything-and well too! Come enjoy! | 31<br>11:00 Euchre time in the Bistro gather at a table for some great cards<br>1:30 Left, Center Right in the Bistro<br>2:30 Movie Time in the bar area. Popcorn and drinks for all. |

GABLES OF WESTERVILLE INDEPENDENT LIVING AND ASSISTED LIVING *DATES AND TIMES ARE SUBJECT TO CHANGE WITHOUT NOTICE